



## High Risk Activities

While all participants are covered by insurance in the event of illness or injury, it is our hope that students will remain healthy and safe during their exchange year. Insurance providers exclude high risk activities from coverage under their policies. To that end, we have established the following policy governing activities PAX students may engage in while in the United States.

PAX students are not allowed to participate in the following high risk activities:

- Operating any motorized vehicle
- Riding as a passenger on a motorcycle, motor scooter, electric scooter, moped, motorized bicycle, electric bicycle, ATV (four wheeler), or snow mobile
- Handling a gun or any kind of firearm
- Handling a bow and arrow, unless student is in an archery class under the guidance of an authorized school instructor
- Riding in a private plane
- Racing horses, BMX bikes, or speed races of any kind
- Participating in aerial sports, including parachuting, sky diving, parasailing, hang gliding, heli-skiing, and bungee jumping
- Mountaineering, outdoor rock climbing, caving, or spelunking
- Participating in water sports, including operation of a Jet Ski, water skiing, scuba diving, or whitewater rafting (rapids rated above Class III)
- Playing, practicing, or participating in intercollegiate or professional sports
- Participating in combat sports, martial arts, boxing, extreme sports, or X games
- Anything else prohibited by insurance

In addition to the above list of activities, the insurance provided through the Kennedy-Lugar Youth Exchange and Study (YES) program excludes a few more high risk activities from coverage under their policy. For this reason, YES students are also not permitted to participate in the following high risk activities:

- Downhill skiing and snowboarding
- Horseback riding
- Climbing walls of any kind (whether indoor or outdoor)

When engaged in the following activities, students must use protective gear as required by state law:

- Bicycle riding
- Jumping on a trampoline
- Skateboarding, skiing, or snowboarding (YES students not permitted to participate in downhill skiing or snowboarding)

Students who violate this policy may face disciplinary action, including Guidance Letter, Probation, or Disqualification. The preceding lists do not include all high risk activities. We strongly suggest that the student's insurance policy be consulted before a student is permitted to participate in any activity not listed above. Please remember that the primary concern is risk of injury to the student, not whether an activity is covered by insurance.